SOCCER · 5V5 · UNDER-7 AND UNDER-8

Youth soccer 5v5 rotation

8 players · 5 on the field · 4 quarters of 10 min

PLAYER	Q1	Q2	Q3	Q4	MINUTES	VS SHARE
	GK	On		On	30 min	+5
	On	On		On	30 min	+5
	On		GK	On	30 min	+5
	On		On	On	30 min	+5
	On		On		20 min	-5
		GK	On		20 min	-5
		On	On		20 min	-5
		On		GK	20 min	-5

playmaker.click